

BOWLING

ALL Adults
High School
Elementary/Middle/Intermediate

October 26, 2018
November 2, 2018
November 9, 2018

Athlete Arrival between 8:45 – 9:30 a.m.
Opening Ceremonies @ 9:30 a.m.

- Games will be held at Holiday Lanes, 117 Broyles Drive, Johnson City, TN 37601
- **Practice times have been lengthened from 2 weeks to 3 weeks this year.** You may practice anytime between 9/10/18 – 9/28/18. Please contact the bowling alley first to reserve a time & date. Holiday Lanes can be reached at 423-282-6521 to schedule practices.
- Complete registration form with accurate scores and please print clearly – Please include if athlete is in a wheelchair or needs any type of special accommodations, so we may plan accordingly.
- All registration must be sent via email to registration@area3sotn.com Deadline for registration, physicals & releases:
 - October 5th (All Adult)
 - October 12th (All High School)
 - October 19th (All Elem/Middle/Int.)

Note: physicals and releases need to be completed and returned only if the athlete is a first time participant or if the physical and/or release is expired. Please contact us at registration@area3sotn.com if you are unsure if we have an athlete's release/physical or if it's expired.

- Ramps: Ramps are available but are in limited supply. As a reminder, ramps are intended for bowlers who cannot lift a bowling ball and the use of a ramp is not permitted at local competition if the athlete wishes to participate at the state level.
- Bowling is a unified sport, too! Unified Sports are designed to enable athletes to learn new sports, refine athletic skills, experience inclusion, and socialize with peers to form new friendships by allowing participants with and without intellectual disabilities to train and compete on the same team. You can identify an athlete with his/her unified partner on the registration form. In addition to being registered, Unified Partners must complete and return the Class A Volunteer Form
- Athletes are encouraged to wear Special Olympics gear. We will also have shirts available for sale @ the event.
- Water will be provided at the competition. Be sure to have your **entire** group (coaches, athletes, teachers, and assistants) bring a lunch to the competition.
- Please make every attempt to be on time. If you know in advance you will be more than 15 minutes late, please contact the bowling alley at 423-282-6521

For rules: www.specialolympics.org. Click Sports & Games, Overview, and Bowling

***** BE SURE THAT ATHLETES WEAR NAME TAGS AND BRING YOUR CLASS NOTEBOOK TO ALL COMPETITIONS *****